NEW PATIENT INTAKE FORM

Today's Date_____/_____/_____

Name **Marital Status** **Birthdate** / / **Age**

Address ❑ M ❑ F ❑ Other **Ht** **Wt**

Email Preferred Pronouns _____

City, State, Zip **Occupation**

Home Phone **Work** **Cell**

Emergency Contact's Name & Phone

Referred by

Reason for visit today **Have you had acupuncture before?** ❑ Yes ❑ No **Chinese herbal medicine?** ❑ Yes ❑ No

How long have you had this condition?

Is it getting worse? **Does it bother your** ❑ Sleep ❑ Work ❑ Other (specify)

What seemed to be the initial cause?

What seems to make it better?

What seems to make it worse?

Are you under the care of a physician now? ❑ Yes ❑ No **If yes, for what?**

Physician's name **Physician's phone**

Other concurrent therapies

Health Insurance Info:

Insurance Co. Name **Policy #**

Address **Phone**

City, State, Zip Primary Name + DOB

Medicare Info:

Insurance Co. Name **Policy #**

Address **Phone**

City, State, Zip

Family Medical History

❑ Allergies (list) _____ _____

❑ Arteriosclerosis
❑ Asthma
❑ Alcoholism

❑ Cancer (type) _____
❑ Depression

❑ Diabetes (Type:)
❑ Heart disease
❑ High blood pressure

❑ Seizures
❑ Stroke

Your Past Medical History

(Check any of the following conditions you currently have, or have had in the past. Please also check if you feel any of the following are a significant part of your medical history.)

❑ AIDs/HIV
❑ Alcoholism
❑ Allergies
❑ Appendicitis
❑ Arteriosclerosis
❑ Asthma
❑ Birth trauma (your own birth)
❑ Cancer
❑ Chicken pox
❑ Diabetes (Type:)
❑ Emphysema
❑ Epilepsy
❑ Goiter
❑ Gout
❑ Heart disease
❑ Hepatitis (Type:)
❑ Herpes (Type:)
❑ High blood pressure
❑ Measles
❑ Multiple Sclerosis
❑ Mumps
❑ Pacemaker (Date:)
❑ Pleurisy
❑ Pneumonia
❑ Polio
❑ Rheumatic fever
❑ Scarlet fever
❑ Seizures
❑ Stroke
❑ Surgery (list) _____ _____ _____
❑ Thyroid disorders
❑ Major trauma (Car, fall, etc--list) _____ _____ _____
❑ Tuberculosis
❑ Typhoid fever
❑ Ulcers
❑ Venereal disease
❑ Whooping cough
❑ Other (Specify) _____ _____ _____ _____

Your Diet

Appetite ❑ Low ❑ High

❑ Coffee/Tea
❑ Soft Drinks/Fruit Juices

Protein Intake ❑ Low ❑ High

❑ Artificial Sweeteners

❑ Sugar
❑ Salty foods

Thirst for water: # glasses per day: _____

Average Daily Menu

Morning	Snack	Noon	Snack	Evening	Snack

Pharmaceuticals taken in the last 2 months:

Vitamins/supplements taken in the last 2 months:

Practitioner Use Only

Your Lifestyle

- ❑ Alcohol
- ❑ Tobacco
- ❑ Marijuana
- ❑ Drugs
- ❑ Stress
- ❑ Occupational hazards

Regular Exercise
Type_____ Frequency_____
Type_____ Frequency_____

General Symptoms

- ❑ Poor appetite
- ❑ Heavy appetite
- ❑ Strongly like cold drinks
- ❑ Strongly like hot drinks
- ❑ Recent weight loss/gain
- ❑ Poor sleep
- ❑ Heavy sleep
- ❑ Dream-disturbed sleep
- ❑ Fatigue
- ❑ Lack of strength
- ❑ Bodily heaviness
- ❑ Cold hands or feet
- ❑ Poor circulation
- ❑ Shortness of breath
- ❑ Fever
- ❑ Chills
- ❑ Night sweats
- ❑ Sweat easily
- ❑ Muscle cramps
- ❑ Vertigo or dizziness
- ❑ Bleed or bruise easily
- ❑ Peculiar taste (Describe)

Head, Eyes, Ears, Nose, Throat

- ❑ Glasses (What age:)
- ❑ Eye strain
- ❑ Eye pain
- ❑ Red eyes
- ❑ Itchy eyes
- ❑ Spots in eyes
- ❑ Poor vision
- ❑ Blurred vision
- ❑ Night blindness
- ❑ Myopia or Presbyopia
- ❑ Glaucoma
- ❑ Cataracts
- ❑ Teeth problems
- ❑ Grinding teeth
- ❑ TMJ
- ❑ Facial pain
- ❑ Gum problems
- ❑ Sores on lips or tongue
- ❑ Dry mouth
- ❑ Excessive saliva
- ❑ Sinus problems
- ❑ Excessive phlegm
  Color:
- ❑ Recurrent sore throat
- ❑ Swollen glands
- ❑ Lumps in throat
- ❑ Enlarged thyroid
- ❑ Nosebleeds
- ❑ Ringing in ears (High or Low?)
- ❑ Poor hearing
- ❑ Earaches
- ❑ Headaches
- ❑ Migraines
- ❑ Concussions

Other head or neck problems

Respiratory

- ❑ Difficulty breathing when lying down
- ❑ Shortness of breath
- ❑ Tight chest
- ❑ Asthma/wheezing
- ❑ Difficult inhalation? exhalation?
- ❑ Cough
  Wet or Dry?_____
  Thick or thin?_____

Color of phlegm_____

- ❑ Coughing up blood
- ❑ Pneumonia

Cardiovascular

- ❑ High blood pressure
- ❑ Blood clots
- ❑ Low blood pressure
- ❑ Fainting
- ❑ Chest pain
- ❑ Difficulty breathing
- ❑ Tachycardia
- ❑ Heart palpitations
- ❑ Phlebitis
- ❑ Irregular heartbeat

Gastrointestinal

- ❑ Nausea
- ❑ Vomiting
- ❑ Acid regurgitation
- ❑ Gas
- ❑ Hiccup
- ❑ Bloating
- ❑ Bad breath
- ❑ Diarrhea
- ❑ Constipation
- ❑ Black stools
- ❑ Bloody stools
- ❑ Mucous in stools
- ❑ Hemorrhoid
- ❑ Itchy anus
- ❑ Intestinal pain or cramping
- ❑ Burning anus
- ❑ Rectal pain
- ❑ Anal fissures
- ❑ Laxative use
  What kind?
  How often?

Bowel movements:
Frequency_____ Texture/form_____
Color_____ Odor_____

Musculoskeletal

- ❑ Neck/shoulder pain
- ❑ Muscle pain
- ❑ Upper back pain
- ❑ Low back pain
- ❑ Joint pain
- ❑ Rib pain
- ❑ Limited range of motion
- ❑ Limited use

Other (Describe)

Skin and Hair

- ❑ Rashes
- ❑ Hives
- ❑ Ulcerations
- ❑ Eczema
- ❑ Psoriasis
- ❑ Acne
- ❑ Dandruff
- ❑ Itching
- ❑ Hair loss
- ❑ Change in hair/skin texture
- ❑ Fungal infections

Other hair or skin problems

Neuropsychological

- ❑ Seizures
- ❑ Numbness
- ❑ Tics
- ❑ Poor memory
- ❑ Depression
- ❑ Anxiety
- ❑ Irritability
- ❑ Easily stressed
- ❑ Abuse survivor
- ❑ Considered/attempted suicide
- ❑ Seeing a therapist

Other (Specify)

Genitourinary

- ❑ Pain on urination
- ❑ Frequent urination
- ❑ Urgent urination
- ❑ Blood in urine
- ❑ Unable to hold urine
- ❑ Incomplete urination
- ❑ Venereal disease
- ❑ Bedwetting
- ❑ Wake to urinate
- ❑ Increased libido
- ❑ Decreased libido
- ❑ Kidney stone
- ❑ Impotence
- ❑ Premature ejaculation
- ❑ Nocturnal emission

Gynecology

- ❑ Age menses began _____
- Length of cycle (day 1 to day 1) _____
- ❑ Duration of flow _____
- ❑ Irregular periods
- ❑ Painful periods
- ❑ PMS
- ❑ Vaginal discharge (color)_____
- ❑ Vaginal sores
- ❑ Vaginal odor
- ❑ Clots
- ❑ Breast lumps
- # Pregnancies_____
- # Live births_____
- # Premature births_____
- Age at menopause_____

Date of last PAP _____

Date last period began _____

Other

Informed Consent

I voluntarily consent to be treated by Holistic Health Care Centers, LLC. The center offers several treatment modalities. The course of the treatment will be determined between the health practitioner and myself.

_____ The treatments consist of, but are not limited to:
1. The use of acupuncture needles to stimulate acupuncture points and meridians
2. Use of electrical, mechanical, or devices to stimulate acupuncture points and meridians.
3. Indirect Moxibustion
4. Acupressure and tools aiding in performing acupressure
5. Cupping
6. TuiNa
7. Infra-red Heat Lamp
8. Traditional Chinese Herbal Supplements
9. Dietary advice based on Oriental Medicine medical theory
10. Facial Rejuvenation
11. Laser and color lights placed on acupuncture points or meridians
12. Healing Touch and other forms of subtle energy medicine
13. Tai Chi
14. Qi gong

_____ I acknowledge treatments are based on trained holistic diagnosis including Oriental Medicine and/or Healing Touch diagnosis. While the practitioner has received training in biomedicine, I understand the practitioner does not offer biomedical diagnosis.

_____ I acknowledge that there are some risks to the treatment. The side effects may include, but are not limited to:
1. Heaviness, tingling, or pain following needle insertion or other listed forms or treatment in the determined treatment area.
2. Minor bruising
3. Infection
4. Needle sickness
_____ 5. Patients with severe bleeding disorders or pacemakers should inform the practitioner prior to treatment.

_____ If you are pregnant or have a history of seizures, syncope (fainting), or high or low blood pressure or other heart conditions you should also inform the practitioner.

_____ I understand that there is neither an implied nor stated guarantee of success or effectiveness of a specific treatment or series of treatments. I understand that all my questions regarding the procedure will be answered, and that I am free to withdraw my consent and discontinue treatment at any time.

_____ I hereby authorize Holistic Health Care Centers, LLC to release any information regarding my condition(s) to the referring physician (if any) and/or to my insurance for the processing of any claim. With notification, I also authorize Holistic Health Care Centers, LLC to obtain my medical records from other physicians or medical centers.

_____ Payment in full is expected at the time of each appointment. If charges are being submitted to insurance, I understand that I am responsible for payment of services rendered and also responsible for paying any copayment, coinsurance and/or deductibles that my insurance does not cover. I hereby authorize payment of the group insurance benefits directly to this provider.

_____ I agree to give 24 hours notice to Holistic Health Care Centers, LLC if I must cancel or reschedule an appointment. I understand that I will be charged Holistic Health Care Centers, LLC current clinical rates after the first (1) missed appointment when no notice is given or for failing to show up to the appointment. Exceptions may be made in the case of an emergency. I understand that in the case of unavoidable lateness of more than 15 minutes by me, the scheduled appointment may be adjusted or rescheduled. I understand if I am more than 15 minutes late to my appointment, the appointment may be shortened or rescheduled and I may be charged for the missing appointment. I understand that if Holistic Health Care Centers, LLC is experiencing unavoidable lateness of more than 15 minutes into my appointment, if possible, they will notify me and I have the choice to cancel without charge.

Thank you for your cooperation and consideration.

Signature_____

Date _____

Patients Representative or Parent _____

Holistic Health Care Centers
3033 Ogden Ave. Suite 302
Lisle, IL 60532
(847) 571-5455 www.hhcc.co

HOLISTIC
Health Care Centers, LLC
Synergy & Science

Email, Fax, Text and Telephone Communication Informed Consent

Information contained in email, fax, text or voicemail messages may be privileged and confidential. There is some risk that any protected health information that may be contained in such email, fax, text or voicemail message may be disclosed to or intercepted by unauthorized third parties.

Please be aware that email, fax, text or voicemail message communication can be intercepted in transmission or misdirected. Your use of email, fax, text or voicemail message to communicate protected health information to us indicates that you acknowledge and accept the possible risks associated with such communication.

Holistic Health Care Centers, LLC including its staff and practitioner, Kimberly Leupold, MSOM, L.Ac., BPS, HTPA will respond to your email, fax, text or voicemail message query, but to do so via email, fax, text or voicemail message, you must provide your consent, recognizing that these forms of communication are not a secure form of communication.

Holistic Health Care Centers, LLC, its staff and practitioner will use the minimum necessary amount of protected health information (PHI) to respond to your query.

If you do not wish to have your information communicated by email, fax, text or voicemail message, please deny.

If you wish to conduct discussions regarding your medical issues via email, fax, text or voicemail message, please indicate your acceptance of this risk by signing below.

Mode	Accept	Deny
Email		
Fax		
Text		
Voicemail		

Patient Signature _____ Date _____

Parent/Guardian Signature for Minor _____

Relationship _____ Date _____

Practitioner's Signature _____ Date _____

HOLISTIC
Health Care Centers, LLC
Synergy & Science

Acknowledgment of Receipt of Privacy Practices for Holistic Health Care Centers, LLC

I have received a copy of the document titled:
HIPAA Privacy Statement Healing Paths of Privacy Practices

All of my questions have been answered and I have been given a copy of this document.

Patient Printed Name _____

Patient Signature _____

Parent/Guardian Signature for Minor _____

Relationship _____

Telephone Number _____ Date _____

PATIENT NAME:

ARBITRATION AGREEMENT

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, including whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by state and federal law, and not by a lawsuit or resort to court process, except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Further, the parties will not have the right to participate as a member of any class of claimants, and there shall be no authority for any dispute to be decided on a class action basis. An arbitration can only decide a dispute between the parties and may not consolidate or join the claims of other persons who have similar claims.

Article 2: All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, as to whether this agreement is unconscionable, and any procedural disputes, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the health care provider, including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the health care provider and/or other licensed health care providers, preceptors, or interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the health care provider, including those working at the health care provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care provider, and/or the health care provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages. This agreement is intended to create an open book account unless and until revoked.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days, and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit. Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder, any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of state and federal law, where applicable, establishing the right to introduce evidence of any amount payable as a benefit to the patient to the maximum extent permitted by law, limiting the right to recover non-economic losses, and the right to have a judgment for future damages conformed to periodic payments, shall apply to disputes within this Arbitration Agreement. The parties further agree that the Commercial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

Article 4: General Provision: All claims based upon the same incident, transaction, or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

Article 5: Revocation: This agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and, if not revoked, will govern all professional services received by the patient and all other disputes between the parties.

Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment), patient should initial here. _____. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT, YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION, AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

(Date)

PATIENT SIGNATURE **X**

(Or Patient Representative) (Indicate relationship if signing for patient)

(Date)

OFFICE SIGNATURE **X**

ALSO **SIGN** THE **INFORMED CONSENT** ON **REVERSE** SIDE

ACUPUNCTURE INFORMED CONSENT TO TREAT

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist indicated below and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with or serving as back-up for the acupuncturist named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling. I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally and in writing. The herbs may have an unpleasant smell or taste. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Burns and/or scarring are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I will notify a clinical staff member who is caring for me if I am or become pregnant.

While I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known, is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

ACUPUNCTURIST NAME:

(Date)

PATIENT SIGNATURE **X**

(Or Patient Representative) (Indicate relationship if signing for patient)

ALSO SIGN THE ARBITRATION AGREEMENT ON REVERSE SIDE